

2010 VHS July Summer Softball Schedule

<u>DATE</u>	<u>DAY</u>	<u>TIME</u>
July 26 th	Mon	8-9 (Morning) 4-6 (Afternoon)
July 27 th	Tues.	8-9 (Morning) 4-6 (Afternoon)
July 28 th	Weds.	8-9 (Morning) 4-6 (Afternoon)
July 29 th	Thurs.	8-9 (Morning) 4-6 (Afternoon)
July 30 th	Fri	8-9 (Morning) 4-6 (Afternoon)
August 2 nd	Mon	4-5 (VMS) 5-7 (VHS)
August 3 rd	Tues.	4-5 (VMS) 5-7 (VHS)
August 4 th	Weds.	4-5 (VMS) 5-7 (VHS)
August 5 th	Thurs.	4-5 (VMS) 5-7 (VHS)
August 6 th	Fri	4-5 (VMS) 5-7 (VHS)

- All girls that will be participating in the Summer Softball Program are required to have all of the appropriate paperwork completed and turned in on or by July 26th (the voluntary first practice)
- All girls are expected to come prepared to practice that includes having a **glove, cleats, tennis shoes, and appropriate practice clothes.**
- In the event of rain we will still practice. We have indoor batting cages and will use them.
- All girls who are planning on playing softball in the fall of the 2010 softball season are encouraged to participate in the summer program. It is not required or mandatory that the athlete participates in the summer program however failure to do so will set them back in learning the programs philosophy and fundamentals.
- **Practice does become mandatory for all VHS players as of August 2nd.**
- No one should ever miss a practice without informing a coach. As mentioned earlier this is a voluntary summer program however participation is greatly encouraged.

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